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**Price: €895.000**

**Ref: REST**



Beautiful apartment in San Juan de Capistrano. Consists 2 bedrooms, living room-kitchen, bathroom, a/c and a large terrace. The property is 60 metres built plus thirty metres of terrace. Completely renovated with high quality materials and in a modern style. Communal swimming pool.

**Price reduced: €296.000**

**Ref: NV.BAR**



Beautiful apartment, consisting of a 2-bedroom bedroom, a toilet, a bathroom, an equipped kitchen, a living-dining room. Terrace with sea views, as well as services such as swimming pool. swimming pools, gardens, restaurant, bar, etc.

**Price: €236.000**

**Ref: 87A**



Pretty apartment in Capistrano Village. Comprising: 1 bedroom, bathroom and living/dining room leading onto the terrace with sea views. Parking place close by and the communal pool is also very close. The village has a supermarket, bus stop and various communal areas. Great rental potential!

**Price: €159.000**

**Ref: NV.39B**

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Nice townhouse, approx.. 90m2, comprises 2 floors. Ground floor: terrace, double bed, bath with a shower, washing machine and a 2<sup>nd</sup> bed. Upper floor: spacious living-dining room with TV, equipped kitchen, terrace with sea views. A/C and wifi access. Furnished. Communal swimming pool.

**Reduced: €249.000**

**Ref: Villa Robles**



Impressive detached villa with private pool in Nerja, in the Alhambra urbanization. Comprises:- 5 large bedrooms, 3 bathrooms, kitchen, living room, several terraces and the patio that includes a private pool. Sea views.

**Price: €649.000**

**Ref: NV.005**



Beautiful apartment in Capistrano village with one bedroom. The apartment is fully renovated with sea views. It has a rental license and a big rental potential.

**Price: €186.000**

**Ref: NV.79B**



Beautiful villa divided into 3 areas: Separate living room with entrance from the garden Ground floor: large garden, terrace area, living room/kitchen. 2<sup>nd</sup> floor: bedrooms, bathroom. Beautiful views from both floors, great location, parking and swimming pools very close. Easy to make a third bedroom in the living room.

**Price reduced: €375.000**

**Ref: NV.62**



Impressive villa with private pool and sea views, in Capistrano Village. Built on 2 floors. Comprises 6 beds, 3 baths, kitchen, living room and garage (3 cars). Huge garden with a private pool. Build 200m2, plot 600m2. Renovated and ready to move in. Great opportunity, to find such a magnificent villa in Capistrano Village.

**Price reduced: €790.000**

**Ref: NV.EXO**



Detached house in Capistrano Garden. Comprising: 3 bedrooms, 3 bathrooms, open kitchen-living area and several terraces. Roof terrace with pool. Private parking. It has a total of 110 squares meters plus terraces, divided in 3 floors. The house is was built just a few year ago with high quality materials and a modern style. Sea views.

**Price reduced: €475.000 Ref: NV.GARDEN5**



Completely renovated and ready to move into, this property has 2 bedrooms, a large living room, kitchen, bathroom and toilet, distributed over 2 floors. 5 minutes walk from Burriana beach, in the center of Nerja.

**Price: €300.000**

**Ref: V. Flamenca**

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## Country Property of the month

**Torrox:**

**Price: €590.000**

**TCP236**



Are you looking for a country property in Spain? This exquisite villa is situated just a 5 minute drive from the charming town of Torrox Pueblo and 10 minutes from the beautiful beaches of the Costa del Sol. The property boasts extensive outdoor space, including a swimming pool and various garden areas, making it perfect for relaxation and outdoor activities. Upon entering through the main gate, you are greeted by a substantial workshop that is ideal for use as a garage. There is ample space for additional parking as you approach the villa. This country property is designed all on a single level, offering convenience and accessibility. Comprising 5 spacious

bedrooms, 2 bathrooms, 1 of them en suite, cozy living room, spacious fully equipped kitchen and a conservatory to enjoy the chilly evenings in comfort. Swimming pool, various shaded areas, outdoor dining area, with a barbecue, is ideal for entertaining. Stunning views from various points around the property. This villa is a perfect choice for those looking to relocate to the area, purchase a second family home, or a rental investment. Do not hesitate to contact us for further information and book your viewing now!



**Arenas:**

**Price: 459.000€**



- Living space: 199m<sup>2</sup>
- Bedrooms: 3
- Pool: Yes
- Garage: No
- Terrace: Yes
- Bathrooms: 4
- Views: Sea views
- Area: Countryside

**Ref. CP648**

**Cómputa:**

**Price: 490.000€**



- Living space: 164m<sup>2</sup>
- Bedrooms: 3
- Pool: Yes
- Garage: Yes
- Terrace: Yes
- Bathrooms: 3
- Views: Sea views
- Area: Countryside

**Ref. CP678**

**Cómputa:**

**Price: 275.000€**



- Living space: 120m<sup>2</sup>
- Bedrooms: 4
- Pool: No
- Garage: Yes
- Terrace: Yes
- Bathrooms: 3
- Views: Sea views
- Area: Countryside

**Ref. CP679**

**Nerja:**

**Price: 429.000€**



- Living space: 66m<sup>2</sup>
- Bedrooms: 2
- Pool: Yes
- Garage: No
- Terrace: Yes
- Bathrooms: 2
- Views: Sea views
- Area: Urbanization

**Ref. NAP005**

**Nerja:**

**Price: 375.000€**



- Living space: 168m<sup>2</sup>
- Bedrooms: 3
- Pool: Yes
- Garage: No
- Terrace: Yes
- Bathrooms: 2
- Views: Sea views
- Area: Town

**Ref. NTH006**

**Torrox:**

**Price: 55.000€**



- Living space: 46m<sup>2</sup>
- Bedrooms: 1
- Pool: No
- Garage: No
- Terrace: No
- Bathrooms: 1
- Views: Village
- Area: Town

**Ref. TTH640**

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## Welcome to Streetwise magazine -

Welcome to the July issue of Streetwise magazine. The Spanish news is predicting that we're in for a very long hot summer this year, so take time to relax and enjoy time your family and friends. As always be safe in the sun!

This months magazine is packed with lots to read and local businesses offering their services and goods. Enjoy!

**Dawn x**



**July/Julio 2024**  
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### **Trial date set for Luis Rubiales over forced kiss at World Cup.**

A trial date has been set in February for the disgraced former president of the Spanish Football Federation (RFEF), Luis Rubiales, after his unsolicited kiss on the lips of Women's World Cup winner Jenni Hermoso. Rubiales, 46, provoked worldwide outrage by kissing Hermoso during the medal ceremony after Spain beat England to win the World Cup in Australia last year.

### **Two die in a car accident, the driver tests positive for alcohol and drugs.**

A 22 year old young man who has tested positive for alcohol and drugs was arrested by the Local Police in Almeria. The man was identified as the driver of the car that crashed in which an 18 year old girl and a 23 year old male died. The man was arrested at his home shortly after having fled the scene of the accident.

### **Man arrested in Malaga for selling 'laughing gas'.**

Malaga Local Police arrested a 21 year old man after they observed him handing a bottle of nitrous oxide, also known as laughing gas, to another man. in exchange for money. The low price and easy availability have led to consumption among the youngest. The laughing gas can cause suffocation, hallucinations, uncontrolled vocalization, alterations in perception, spatial and temporal disorientation, or reduced sensitivity to pain. In the most serious cases, it can cause everything from fainting to cardiorespiratory arrest.



### **So-called Islamic State media network dismantled by Spanish Civil Guard.**

Spanish authorities have arrested nine people in four cities as part of the crackdown against extremist messages calling for violence against the Euro 2024 tournament and the Paris Olympics. Spain's Civil Guard, in collaboration with Europol and the FBI, has dismantled one of the largest media networks linked to the so-called Islamic State. The global propaganda and messages capable of inciting terrorism were in at least thirty languages. The network also published messages urging an attack on a bus carrying Real Madrid's football players, as well as targeting the Euro 2024 football tournament in Germany and the Paris Olympics.

### **Foods that will maintain VAT at 0% until June 2025.**

The Government will bring to Congress a decree law to extend the VAT reduction on basic foods, which in principle ends June 30<sup>th</sup>.

The idea is to maintain this measure until June 2025.

The foods that will at 0%, if the decree law is approved, are:

Common bread, even frozen, only if it does not contain other additions. Bread flours, not normal flour, pastry flour or batter flour. Milk, liquid, powder, UHT or fresh (pasteurized), as well as concentrated milk, not condensed milk, which has the usual VAT.

All cheeses, fresh, or more or less cured, from cows, sheep, goats... Eggs. Fresh, dried, frozen or fourth-range fruits and vegetables, as long as they do not contain other ingredients. Tubers. Cereals and dried legumes, rice, chickpeas, beans, corn.... Special breads, canned vegetables, fruits, legumes, pre-cooked rice, pre-fried potatoes will maintain VAT at 10%.

Continued on page 10



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## Five migrants forced out of smugglers' boat, three arrested.

Spain's National Police, working with Europol and the Guardia Civil, arrested three people for the deaths last November of five migrants who were threatened with a machete and forced to jump off the boat they were travelling in with dozens of other migrants. Thirty-seven migrants had travelled in the boat from Kenitra, Morocco, and had paid between €3.000 and €12.000 for a place on the boat.

## Spanish police recover the 4th of five Francis Bacon paintings that were stolen in Madrid in 2015.

Spain's National Police have recovered the fourth of five paintings by Irish-born painter Francis Bacon that were stolen from a Madrid apartment in 2015. The five paintings stolen were said then to be worth a total of €25 million. They were part of a collection owned by a close friend of Bacon, who reported the robbery to police in July 2015. Bacon often visited Madrid, where he spent time studying old master paintings in the Prado Museum. He died in the Spanish capital in 1992, aged 82.

## Ford Valencia plant to cut a further 1.600 jobs.

US car manufacturer Ford will cut another 1.600 jobs at its Valencia assembly plant, after already cutting 1.100 jobs last year. Approximately 4.700 work at the factory. The unions were told it plans to cut 600 jobs permanently, but negotiate the possibility of rehiring 1.000 later on. The company plans to boost output from 2027 when production of a new vehicle begins.



## Spanish government slams 'trumped-up' charge against PM's brother.

The Spanish government has lashed out over a new 'trumped-up charge' by a far-right linked group, this time targeting David Sánchez, the brother of Prime Minister Pedro Sánchez, prompting a court to open a preliminary probe. David Sánchez works for a provincial council in Badajoz (Extremadura).



## Customer attacked in a Nerja café.

The café was located in Calle Antonio Millón, and the incident was captured on video. In the video you can see two middle aged men, one of them with a large wooden stick in one hand, approaching the doors of the café. Then one of the men hits another man with the stick, who was a customer. The victim defends himself and in the struggle he manages to snatch the stick from his attacker. Then the two attackers seem to flee, but they instead take tables and chairs.

First they use the two chairs to attack the victim while he tries to defend himself with the stick that he has taken from them. Then one of them picks up a table and throws it at the victims back, causing him to fall to the ground. A witness then runs towards the man who is badly injured after one of the two attackers hit him again with the same table, then both attackers flee.

Businessmen in central Nerja have reported an increase in robberies, thefts and fights in recent weeks and have asked the authorities for more police presence.

## Worker seriously injured by some steel sheets in Nerja.

A worker was seriously injured when some steel sheets fell on him in the Industrial area in Nerja. The man was taken by helicopter to a health center after being freed by the local firefighters.

## Chíllar River remains closed.

Access to the middle and upper zone of the Rio Chillar is still prohibited until the reports of the three proposals have been fully analyzed



## Netflix chooses Torrox, Nerja and Frigiliana for the filming of the series 'Dos Tumbas'.

The president of the Axarquía-Costa del Sol Commonwealth, Jorge Martín, visited the film set in Torrox of the new Netflix series 'Dos Tumbas'. The mayor of Torrox, Óscar Medina also accompanied Jorge Martín.





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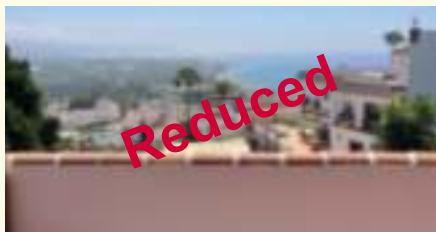


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**Price: €225,000**

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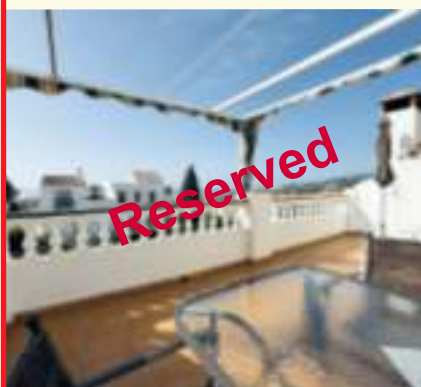
#### **PUNTA LARA**

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#### **PROPERTY OF THE MONTH**



#### **URB. ALMIJARA III**

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Ref: CN48677



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Frontline apartment by the beach with stunning terrace with direct sea views. 3 beds, 2 baths. Private parking and storage included.

**Price: €418,000**

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#### **TORROX CAMPO**

Castle-style villa with amazing views over the coast, private pool, spacious terraces with sun all day.

**Price: €325,000**

Ref: IN-835\_IMN



#### **URB ALMIJARA II NORTE**

3BR Townhouse with stunning mountain and country views. Spacious terrace and interior patio. Storage room. Communal pool and gardens.

**Price: €240,000**

Ref: CN48703



#### **OLD TOWN NERJA**

Spacious villa with 3 beds, 2 baths, garden and terraces. Private garage and communal pool. Walking distance to supermarkets, beach and the centre.

**Price: €340,000**

Ref: CN48668



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**Price:- 675.000**

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**Ref:- 232P**

**Price:- €155.000**

**Torrox Costa**

Spacious ground floor apartment a few metres from the beach. Small living room, dining room, fully furnished kitchen, 2 bedrooms and bathroom, Originally commercial premises, now renovated and converted into a contemporary apartment with all the comforts. Sold fully furnished. Tourist license if purchased as a holiday investment. Parking space.



**Ref:- 233P**

**Price:- €275.000**

**Torrox**

Spacious detached house on the outskirts of Torrox Pueblo. Ground floor: large garage for 3 cars, 2 storage rooms, bathroom. 1st floor: fully furnished independent kitchen, living room with fireplace, 1 bedroom, bathroom. 2nd floor: 3 bedrooms, bathroom. Terraces off the first floor. 180M2 plot, southeast facing, sun all day and sea views. In perfect condition, ready to move into. Bbq and outdoor dining area. Walking distance to Torrox pueblo.

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### **ARIES:-** (March 21 - April 19)

Stop tormenting yourself with silly fantasies about what could go wrong and act as if every task you turn your hand to over the next month is destined to succeed – because it is. Live in the moment and love every moment as well.

**Luckiest day:- Wednesday**

### **TAURUS:-** (April 21 - May 21)

If you feel the need to get away from the faces and places you see every day then stop daydreaming about it and make it happen. No one can deny you have earned the right to have some fun, and no one will try to stop you.

**Luckiest day:- Monday**

### **GEMINI:-** (May 21- June)

You may come across as cool, calm and collected but on the inside your emotions are raging and what occurs this month could bring some of your more negative feelings to the surface. That's good. It's not healthy to keep them bottled up.

**Luckiest day:- Sunday**

### **CANCER:-** (June 21 - July 22)

Self-belief is of the utmost importance now. With it there will be precious little you cannot do. Without it you will drift this way and that without knowing what you are aiming for. Be positive. Change your thinking and you change your world.

**Luckiest day:- Friday**

### **LEO:-** (July 23 to August 22)

As one of the Fixed signs of the zodiac you tend not to like upheavals but there are so many things going on in your world now that changes are inevitable. In the long-term you will profit from these changes, so don't fight them too hard.

**Luckiest day:- Thursday**

### **VIRGO:-** (August 23 - Sept. 22)

It may be true that what does not destroy you makes you stronger but that does not mean you should go looking for dragons to slay. You will get more from life this month if you take events as they come and steer clear of challenging situations.

**Luckiest day:- Sunday**

### **LIBRA:-** (Sept. 24 - October 23)

You are in no mood to let others come between you and your goals. With both the Sun and Jupiter moving through the most adventurous area of your chart you will believe that all things are possible – maybe not for others but certainly for yourself.

**Luckiest day:- Tuesday**

### **SCORPIO:-** (Oct. 23 - Nov. 22)

Quiet your mind and let your inner voice – that part of you that knows all the answers – come through and guide you in the right direction. You don't have to follow what it tells you to the letter but you do have to be open to new ideas.

**Luckiest day:- Thursday**

### **SAGITTARIUS:-** (Nov.23 -Dec. 21)

It's not enough just to know which way the wind is blowing, you have got to manoeuvre yourself into a position where the wind is at your back so it can carry you along. Will it take you in the right direction? Yes, because there is no wrong direction.

**Luckiest day:- Monday**

### **CAPRICORN:-** (Dec.22 - Jan.20)

Be careful what you say this month, and be careful how you choose to say it too. You have a tendency to be rather abrupt when dealing with people whose minds don't move as quickly as your own and they won't take kindly to your sergeant-major act.

**Luckiest day:- Friday**

### **AQUARIUS:-** (Jan 21 - Feb. 18)

The harder you try to pretend that certain problems do not exist the more they will keep popping up to remind you that they do. The only way to break out of this negative cycle is to confront them head on. That means now, not later!

**Luckiest day:- Saturday**

### **PISCES:-** (Feb.19 - March 20)

Anyone who tries to restrict your freedom to think and act must be told in no uncertain terms that you intend to say and do what you feel is right even if they do not agree with you. Their feelings must never be allowed to outrank your rights.

**Luckiest day:- Wednesday**

# Horoscopes





### Punta Lara, Nerja

In Urb. Punta Lara's sought-after lower area, this luxurious villa features a private pool and stunning sea and mountain views. Spread over three floors plus a roof terrace, it offers a lavish lifestyle. Ground floor boasts fully equipped kitchen, open-plan living, and pool terrace. First floor: three bedrooms and two showers. Basement: spacious living, gym, and wine cellar.

**Price: 675,000 euros Ref. JG185TPM**

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GET SOLD:**

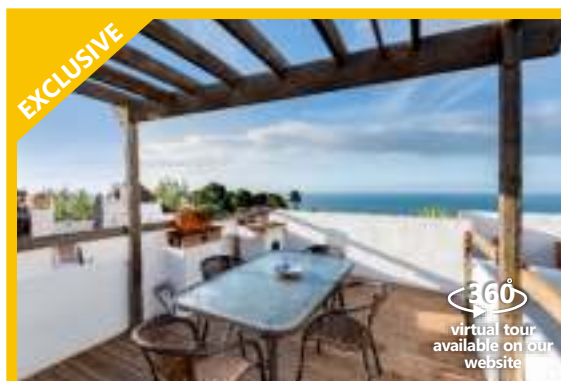
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### C/ Virgen del Carmen, Maro

Situated on picturesque Virgen del Carmen street in Maro, near Church Nuestra Señora de las Maravillas and Mirador de Maro, this property comprises two independent accommodations. Upper level features open-plan living/dining, fully equipped kitchen, 2 beds, 2 baths, and terrace with stunning sea and mountain views. Ground floor offers cosy living, spacious kitchen-dining, 2 beds, 2 baths, patio, and laundry area.

**Price: 340,000 euros Ref. JG184**



### Edf. Almijara, Nerja

This top-floor apartment with southeast-facing sea views is part of Edf. Almijara, a sought-after complex near the town center. It features an open-plan living area, terrace, fitted kitchen, two bedrooms, and a shower room. The complex offers a communal pool, gardens, a tennis court, and gated parking, presenting excellent rental potential in the highly desirable Nerja village.

**Price: 219,000 euros Ref. JG139TPM**

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### Urb. Alhambra, Nerja

A detached villa in Alhambra, Nerja, features a private pool and two floors with a spacious roof terrace boasting panoramic sea and mountain views. The top floor hosts a living/dining area, kitchen, and two bedrooms, while the lower level offers three bedrooms, 2 bathrooms, and access to the pool terrace. Community amenities include a large pool and landscaped gardens.

**Price: 649,000 euros Ref. JG1000TPM**

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Plaza Cantarero, Edf. Cantarero Bajo 1, Nerja, Málaga





## Nine year sentence for British man who seriously assaulted his girlfriend in Spain.

McInerney pleaded guilty to inflicting serious injuries upon his former partner during a holiday in Marbella. After being caught by her former partner and put in his car, the woman threw herself from the speeding car but her abuser had hold of her arm, so she was dragged down the road before finally breaking free. The victim had several injuries including friction burns, a severe cut to her leg and several spinal fractures.

## German man arrested for torture and murder in Málaga. The National Police arrested a German man suspected of torturing and killing a Serbian citizen in Marbella in 2022.

## Spain legalises abortion for teens without parental consent.

Girls aged 16 and 17 now have the choice to terminate their pregnancies in Spain.

Under the law, abortion can be carried out at 14 weeks but if there is a serious risk to the life or health of the pregnant woman or risk of serious anomalies for the fetus, abortion can be carried out at 22 weeks.

## Not in the city, not in the countryside: In Spain, rental pressure leaves tenants with nowhere to go.

An analysis of the Bank of Spain report shows the evident difficulty faced by tenants in Spain. Only two regions, Aragón and La Rioja, maintain a rent-to-income (RTI) ratio that does not amount to overexertion anywhere (which

does not exclude that individually, these situations will occur in many cases). On the contrary, in many places it far exceeds 30%, such as in the center of the urban areas of the Madrid region, where the RTI ratio is 44.3%, the highest in the country. The Spanish Law for the Right to Housing considers that "affordable conditions" exist when housing expenses do not exceed 30% of household income. This legal criterion also includes basic utilities (electricity, water, internet...).



## 82 electric scooter riders fined in Malaga.

Officers in Málaga centre confiscated seven personal mobility vehicles for exceeding a 25km/h speed limit. The user must also be at least 16 years old and not carry passengers animals or objects that hinder safe driving. Electric scooters must have braking systems, a bell, front and rear lights (switched on at any time of day), and reflective features..

## Scorched, decapitated body discovered in Alicante.

A dismembered corpse that had been set on fire was discovered on a country road in Alicante. The body, missing its head, legs and arms, was spotted by a jogger. When the body was discovered it was still smouldering and a suitcase full of clothes was found beside it.

## New bus route from Andalucía to Paris arrived in June this year.

From June 2024 the new bus route by Flixbus between Almeria and Paris will start at a cost of €43.99 each way. This new bus route will go through several charming French towns, including Biarritz, Bordeaux and Tours. The new buses will have wi-fi, mobile phones and laptop chargers, extra leg room and several bathrooms.



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## **Country house in Torrox-Costa**

Great detached house in Torrox Costa. Built entirely on one floor, 145 m<sup>2</sup>, plot of 1.500 m<sup>2</sup>. The house comprises:- two bedrooms, an open-plan kitchen, a living-dining room with a fireplace and 2 full bathrooms. There is a large outdoor terrace, swimming pool and barbecue area. It is sold fully furnished. The property has a large solarium terrace and a large garage. Very close to the beach. Great investment opportunity.

**Ref:- 1909 Price:- €245.000**



**Guido Bauer S.L. Phone:- (+34) 95 253 2427 - Email: [info@guidobauersl.com](mailto:info@guidobauersl.com)  
Websites: [www.andalucianproperties.info](http://www.andalucianproperties.info) + [www.guidobauersl.com](http://www.guidobauersl.com)  
Avenida del Faro, Bloque 76 Bajo - 29793 Torrox Costa (Málaga)**





## Beautiful Jasmines...



Arabian Jasmine (*Jasminum sambac*)

### Arabian Jasmine (*Jasminum sambac*)

**Description:** Arabian jasmine, also known as "sampaguita," features waxy, white, star-shaped flowers. Its intoxicating fragrance is renowned and used in perfumes and teas.

**Special Feature:** It blooms throughout the year and can be grown as a shrub or a vine.

### Primrose Jasmine (*Jasminum mesnyi*)

**Description:** Primrose jasmine displays clusters of bright yellow, fragrant flowers. It is a semi-evergreen shrub with arching branches.

**Special Feature:** The early spring blooms of primrose jasmine create a cheerful atmosphere in the garden.



Primrose Jasmine (*Jasminum mesnyi*)

### Spanish Jasmine (*Jasminum grandiflorum*)

**Description:** Spanish jasmine showcases large, white, highly fragrant flowers. It is a climbing vine with dark green leaves.

**Special Feature:** Spanish jasmine is prized for its strong floral scent, often described as sweet and captivating.

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**Spanish Jasmine (Jasminum grandiflorum)**

**Star Jasmine (Trachelospermum jasminoides)**

**Description:** Star jasmine showcases clusters of small, white, star-shaped flowers with a sweet fragrance. It is a vigorous vine that adds elegance to fences, trellises, and walls.

**Special Feature:** The glossy dark green foliage of star jasmine provides year-round interest



**Star Jasmine (Trachelospermum jasminoides)**



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**Online video**

**Cómpeta Modern Villa!**

Beautifully presented, well maintained 2 bed, 2 bath villa (152m<sup>2</sup>), bright airy interiors, various terraces, space for above ground pool and open countryside views.

**Price: 249,950 euros**

ref: v 1503

**EPC: E**



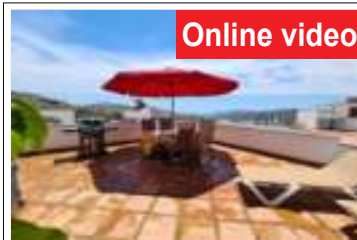
**Viñuela New this month!**

Well established 3 bed, 2 bath villa (119m<sup>2</sup>) with spacious living/dining room, good sized kitchen, terraces, covered terrace, pool, car port, storage/utility room and spectacular views across Lake Viñuela.

**Price: 249,950 euros**

ref: v 1545

**EPC: G**



**Online video**

**Cómpeta Beautiful features!**

Fantastic townhouse (246m<sup>2</sup>), 2 spacious self-contained apts, bright living spaces, garage, large roof terrace, central location. Rental history!

**Price: 275,000 euros**

ref: t1412

**EPC: E**



**Archéz Fantastic villal!**

Spacious, modern 3 bed, 2 bath villa (176m<sup>2</sup>) with stunning sea views and good access. 15 mins walk to Competa. Superb sunroom, heated pool and great outside space make this property the perfect permanent or holiday home or rental investment.

**Price from: 450,000 euros**

ref: v1508

**EPC: E**



**Online video**

**Benamargosa Unique property!**

Large industrial style property (185m<sup>2</sup>) with 5 beds, 1 bath + wc. Recently converted into a large, comfortable home that benefits from a fantastic private garden area. A must to view!

**Price: 190,000 euros**

ref: t1481

**EPC: E**



**Archéz Great price!**

Great lock up and leave well-presented villa (73m<sup>2</sup>). 2 beds 1 bath, open plan living/dining/kitchen, easy access on concrete track, low maintenance outside space, outside kitchen/bbq area, mountain/countryside/village views

**Price: 149,950 euros**

ref: v1524

**EPC: In progress**

The advertised prices include all of the seller costs including commissions. They do not include the buyers costs which can be between 10-13% of the advertised price, this includes notary and registration fees, purchase tax 7% and any mortgage set up costs.

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### VSR2169 JARDINES LA NORIA

Price: €299.000

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## \* Restaurant lease for sale in Nerja €60.000 \*



### VSR1509 NERJA

Price: €367.500

Detached villa, great potential, six bedrooms, three bathrooms, 220m2, air con, private pool, garden and garage. Walking distance to town, easy access. modernization required.



### VSR1927 TORROX

Price: €285.000

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**Holly and Star**

### Exciting News!

#### **Costa Animal Society is moving!**

We are moving to newer, bigger premises during July, in Calle Antonio Millon. We should be open around about the 15th of the month, but please keep an eye open in our shop window and on our Facebook page for the latest info.

## The Costa Animal Society...

### Holly

Holly and Star were rescued as young pups on Christmas Day a couple of years ago, when they were found by a Swedish holidaymaker who was taking a walk along the Rio Chillar in Nerja. The Costa Animal Society (CAS) was contacted for help by the Swedish lady on Boxing Day stating she would only be in town for a week and she did not know what to do with the pups. A foster home is difficult to find at normal times and with it being the holidays the local kennels were full with private customers but after a reshuffle of the schedule emergency accommodations were secured on a temporary basis. However, after the Christmas season passed and things quieted down it was decided that Holly and Star would be able to stay at the kennels on a permanent basis until new homes could be found.

At the time, Holly was about 3-4 months old and she has an outgoing yet sweet personality so everyone thought she would be rehomed fairly quickly but perhaps because of her rugged good looks, or with her being mislabelled as a Mastiff cross, she has been passed over for smaller and cuter dogs. Now that Holly is fully grown her breed has been re-evaluated and CAS now thinks she is a large version of a Teckle/Dachshund as she has relatively short legs. Holly is slightly more muscular than her sister and is a bit darker in colour. She has been spayed, is in very good health and is fully vaccinated.

### Star

At the time, Star was about 3-4 months old and she has a gregarious and friendly personality so CAS thought she had a good chance to find a new home. However, possibly because of her appearance or because she was initially determined to be a larger breed, Star has been passed over all year for smaller and cuter dogs. Now that she is an adult, it is clear that Star is more of a Teckle/Dachshund as she has relatively short legs. Star is a bit smaller than her sister but has a more determined nature. She has been spayed, is in very good health and is fully vaccinated. You can see how well behaved these two dogs are as they are taken out for their routine exercise walks.

**If you would like to meet Holly or Star, please contact:-**

**Seacrest Kennels at 95 252 1426,**

**or email us on [costaanimalsociety@gmail.com](mailto:costaanimalsociety@gmail.com)**

**You can find us on Facebook - Costa Animal Society CAS where there is more information.**

**Or pop into our shop in Castilla Perez 2, Nerja, Monday to Saturday between 10:00 and 14:00 where our staff will be able to help.**

**Also, if you would like help CAS in their work and donate, please go to our new (still in development) website where you will find our bank details.**

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# Axarquia Animal Rescue



**Iris**

**AAR 2750 – Iris** Iris is another one of the pups born in the campo in Iznate, lovingly cared for by volunteers and all now, including mum in AAR care. Beautiful Iris is in a foster home, making friends and learning about being part of a family. She's very keen to learn and doing incredibly well with basic training, she's 4 months old and a real character. She's vaccinated and passported and ready to go. If you would like this stunning pup in your world, please email: [Axarquia-rescue@hotmail.com](mailto:Axarquia-rescue@hotmail.com) Or check out our

website [Axarquiaanimalrescue.com](http://Axarquiaanimalrescue.com) Iris is waiting patiently for her forever home.



**Monkey**

Please email [axarquia-rescue@hotmail.com](mailto:axarquia-rescue@hotmail.com) to enquire about our little Monkey. Check her out on our website [axarquiaanimalrescue.com](http://axarquiaanimalrescue.com)

**Monkey** the cuddle bug was born in the campo, this gorgeous girl is currently in a fabulous foster home where she is experiencing home life and basic training so all the hard work is done as she is already well socialized, has good recall, and is very well behaved. She is also neutered and negative to Mediterranean diseases and small/ medium in size. She's good with children and just loves to be cuddled. The only BUT is, she doesn't like cats. So that's Monkey the full package, ready to go.

Please consider helping Toby take his next tentative steps, you won't regret it. Please email for more information. [axarquia-rescue@hotmail.com](mailto:axarquia-rescue@hotmail.com) Or check out our website [Axarquiaanimalrescue.com](http://Axarquiaanimalrescue.com)

**AAR 2757 – Honey** Sweet as Honey. This little girl is the new kid on the block. She turned up at a holiday home, having obviously been abandoned. She was cared for by the holiday makers who took her in and when they left to go home, she was taken on by AAR. She is approximately 4 months old and now settled in a foster home where she is learning quickly how to enjoy home comforts. She really is a sweetie. For more information, please email us at [axarquia-rescue@hotmail.com](mailto:axarquia-rescue@hotmail.com) and check out our website [axarquiaanimalrescue.com](http://axarquiaanimalrescue.com)



**Honey**



**Luna**

**AAR 2746 – Luna** Born in the campo, Luna and her siblings are all now safe and well. She is currently in kennels with two of her siblings. She is fully vaccinated and a typical curious puppy, lively and loving. She is extremely cute. She is 4 months old and medium sized. Luna needs a family to call her own. Please email [axarquia-rescue@hotmail.com](mailto:axarquia-rescue@hotmail.com) for more information. Or check our website [axarquiaanimalrescue.com](http://axarquiaanimalrescue.com)



**Toby**

**AAR 2657 – Toby** This handsome boy is another of our special cases. At just 2 years old he was captured after living a life roaming the streets and the campo scavenging for food. He was taken to safety and is currently in kennels. He is very content and learning to trust and experience human contact. Although still fearful of humans, he is not aggressive and has built a bond with the kennel lady. To enable him to progress further, he needs to be in a secure campo home, preferably with a calm female canine buddy and a fosterer or adopter who can continue to build

his trust in humans. He has so much potential and in his eyes you can see that he is so desperate to trust, but obviously his past experiences have led him to be extremely cautious.

**AAR 2604 - Ziggy** Special case as he is completely deaf. 2 years old and lives very happily in his silent world. Thriving in his foster home with other dogs and enjoys playing outside with them but does not like cats. He weighs 36 kg. Ziggy is looking for a child and cat free home with secure outside space. He will need patience and understand and will in turn, reward you with love, affection and loyalty. Ziggy is overlooked so please give him a chance. Email [Axarquia-rescue@hotmail.com](mailto:Axarquia-rescue@hotmail.com) for more information.



**Ziggy**



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## Agility Club - Starting in September!

By Karen Wallace

Agility is one of the fastest-growing dog sports (and most fun!) and for good reason. It's great exercise for both you and your dog, and it can build an even deeper relationship between you. Plus, it's exhilarating to watch as your dog races through tunnels, weaves around poles, and leaps over jumps!

### Understand the Basics

Dog agility is a sport where you direct your dog through an obstacle course within a certain time limit. Courses typically have between 14-20 obstacles, which can include tunnels, weave poles, tire jumps and seesaws. At each trial you and your dog will race around the unique courses designed for that day. All of this is done with your dog relying solely on the cues and body language you use to direct them on course. Anybody can do agility and any breed can participate – from the smallest dog to the biggest breed!

### The Benefits of Agility

Agility training uses your dog's natural instincts. Our pet dogs need look to us for their next meal, but their ancestors were not so lucky. They had to hunt for their food and became adept at finding and chasing prey in order to survive. Often the chase was difficult. Dogs would have had to chase small mammals like rabbits through the woods, over fallen logs, around rocks, up steep embankments, and through narrow passages created by dense undergrowth. The dog had to be fast and nimble to catch his next meal. Agility courses mimic the obstacles a dog in the wild might face in pursuit of dinner and stimulate the dog's natural hunting instinct.

Agility provides good exercise. Some dogs require lots of exercise to burn excess energy, and running through an obstacle course is a great way to do just that.

The athletic challenge keeps a dog fit, helps prevent obesity, increases endurance, and strengthens bones and joints. Plus, an agility course exercises a dog's mind, giving him opportunities to learn and solve problems.

Agility training will also help you keep in shape! You will not actually run through a tunnel or around weave poles, but you will keep moving alongside your dog.

Plus, you will stay focused on your dog's progress, making split-second decisions to help him clock the best time possible while staying on course, so you get a little mental stimulation, too.

Basically, agility training provides good cardiovascular, muscular, and mental exercise for you and your dog.



Agility training bonds dog and owner. Dogs are smart creatures, but it would be difficult for them to successfully complete an agility course without the aid of their owner or handler. The human member of the team guides the dog using verbal cues and hand signals, so good communication between canine and human is essential. This level of communication, and the time spent training, bond a dog and owner in a very special way. As the dog relies on its owner for guidance on the course, they will also become more obedient and well-behaved off the course.

Before you get started in agility, it helps to have the basics of training mastered such as sit, stay, wait and good recall. This will make it much easier for you to direct your dog through the course. If you'd like to find out more about how to get started in agility, or to join classes at Dog School Nerja, then get in touch

either on social media or drop me an email. There are agility regular classes over the summer in Nerja, or if you need to start from scratch, then you can start off with a Beginners Class in basic obedience. Whatever stage you and your dog are at, there's a class for you!

You can find out more about agility classes and all our other classes at Dog School Nerja on Facebook or Instagram, or check out the website at [info@dogschoolnerja.com](mailto:info@dogschoolnerja.com)



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## Across

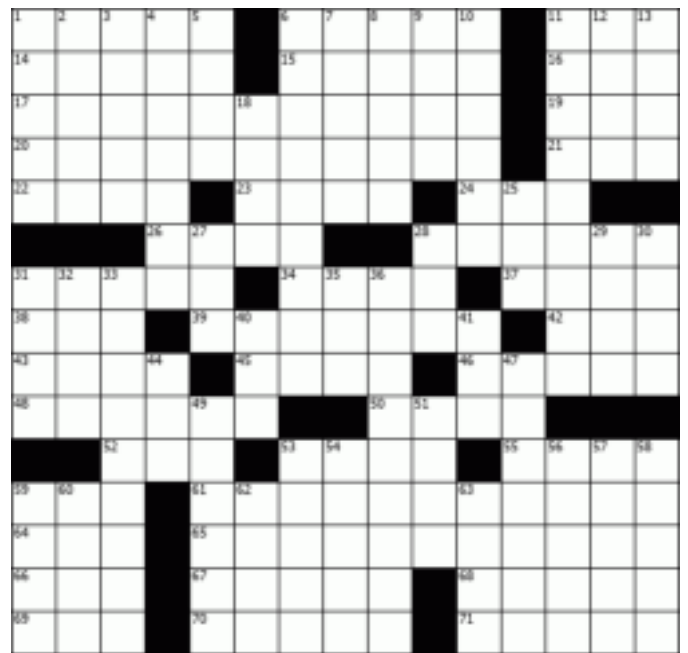
1. Ravioli, e.g.
6. Lhasa \_\_\_\_ (small dogs)
11. Cleo portrayer of 1963
14. Lapel label
15. Like marshes
16. Nabokov novel
17. Camouflage
19. Heap
20. Eight-time N.L. home run champ
21. Culbertson of bridge
22. They pull together on the farm
23. Kiln for hops
24. Morning periods (abbr.)
26. "Everything \_\_\_\_": \*NSYNC hit
28. Makes happen, as revenge
31. Half a chess set
34. Shoots the breeze
37. Henri's happiness
38. Thurman of "Batman and Robin"
39. Vain
42. Oscar winner Harrison
43. Pestors
45. Staff symbol
46. Wanting
48. "Tommy" rockers
50. Hubbubs
52. Wee, in West Lothian
53. Diminish
55. "Ten-four" sayer
59. Panic button found in six of

this puzzle's long answers

61. ABBA, for one
64. Itinerary word
65. Biology is one
66. Architect's addition
67. \_\_\_\_ garde
68. Swindler, in slang
69. Wade opponent
70. Totally unhip types
71. Eye sores

## Down

1. \_\_\_\_ Beach (California resort)
2. Mingle
3. Feed hot coals to
4. Completely fooled
5. Matures
6. Michael or Gabriel
7. Durable dos
8. "Now you \_\_\_\_"
9. Pigged out (on)
10. Grammar class subject
11. It may not get into the morning paper
12. Golden calf, for one
13. Kooky
18. Garbage hauler
25. Mil. Rank
27. Columbus inst.
28. Dangerous curve
29. Not ahead or behind
30. Seductive
31. Gridiron kick
32. Asian nursemaid
33. Remuneration schedule
35. In the style of



36. Program trials
40. It's about 350 miles NW of LAX
41. \_\_\_\_-Cat (winter vehicle)
44. Personal ad abbr.
47. Confiscate, in law
49. Justice replaced by Rehnquist
51. Fam. tree member
53. Obviously

54. Change for the better
56. Rochester's boss
57. Game show host
58. Maritime dangers
59. Constantly
60. Fodder holder
62. Bee complex
63. Brief smokes?





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## The Great Fire Of London

C	E	H	Y	R	L	T	R	O	U	B	L	E	R
E	U	R	J	E	W	E	L	L	E	R	Y	O	L
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T	B	U	C	K	E	T	S	A	R	T	E	I	J
E	E	H	D	G	N	E	H	T	B	D	E	V	G
E	R	K	T	Y	T	U	G	N	C	J	R	E	N
A	I	B	E	L	G	F	S	R	Y	H	L	R	I
T	F	E	T	E	S	G	E	U	R	O	U	T	N
S	T	N	R	D	R	W	D	B	E	U	N	H	N
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E	U	E	U	E	G	W	R	E	Y	A	D	S	E
T	P	E	O	P	L	E	B	A	R	T	L	I	A

Huge  
Brigades  
Buckets  
River Thames  
Wood  
Houses  
Day  
Trouble  
Ruin

Running  
Burn't  
Cathedral  
Jewellery  
Fine  
Night  
People  
Water  
Bakery

## SUDOKU PUZZLE

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	2	9	5					

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The American International Club in Nerja is a small social club which arranges regular events and activities to raise money for local charities supporting the Spanish community. We are keen to attract more members to support the charitable effort so it would be appreciated if you could help in this endeavour.

Please do contact us if you would like any further information.

"The monthly AIC "Menu del Dia" held on Wednesday 19<sup>th</sup> June attracted 15 diners, a mixture of members and guests. Fourteen of us chose the fabulous Menu del Dia offered by the Sherpa Nepalese & Indian restaurant in Torre del Mar. However one hungry member chose the very large mixed grill. Need less to say the lunch was a great social success (we were seated by 1.00p.m. and the

## More than 5,000 items stolen during Franco regime catalogued by Spanish government.

A list of over 5,000 art items seized by the Franco regime have been published by the Spanish government so they can be returned to their original owners' ancestors. During the Spanish Civil War (1936 - 1939) that resulted in Francisco Franco's fascist government ruling the country until his death in 1975, thousands of paintings, sculptures, jewellery and other precious items were seized by Franco's Nationalist forces from political opponents.



## Irish drug boss released on Costa del Sol after paying €60.000 bail.

The suspected leader of the Kinahan Cartel has been released from a Málaga jail after posting bail. He was under investigation for allegations of money laundering.

last diners left at 5.00p.m.) and equally a value for money culinary experience. Bonus for the club two new members were signed up. If you would like to join us on our next culinary adventure, please contact us by email on [hq@aicnerja.org](mailto:hq@aicnerja.org)."



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SCAN ME





## Barbecued whole fish with lemongrass and turmeric

### Ingredients:-

4 x 500g whole fish, cleaned  
 Grapeseed oil, to shallow-fry  
 150g ginger, peeled, finely shredded  
 10 garlic cloves, thinly sliced  
 Warrigal greens, coriander leaves and lime wedges, to serve

### Lemongrass and turmeric marinade

2 x 10cm stalks lemongrass (inner core only), coarsely chopped  
 1 cup (20g) kaffir lime leaves, coarsely chopped  
 1 bunch coriander roots, cleaned  
 1 1/2 tbs sea salt flakes  
 3 long green chillies, chopped  
 8 garlic cloves, chopped  
 1/4 cup (60g) coarsely chopped ginger  
 3cm piece (40g) turmeric, chopped  
 2 tsp finely grated palm sugar  
 3 spring onions, chopped  
 1/4 cup (60ml) grapeseed oil

### Preparation:-

For the marinade, whiz all ingredients, except oil, in a blender to a paste. Stir through oil, adding 1 tbs water if too thick.

Using a sharp knife, score fish skin at 3cm intervals. Rub marinade all over skin and inside cavities. Place on a tray, then cover with plastic wrap. Chill for 1-2 hours.

Meanwhile, heat 2cm oil in a frying pan over medium heat. In batches, fry ginger and garlic, for 2-4 minutes until golden. Drain on paper towel.

Remove fish from fridge 20 minutes before cooking. Preheat barbecue or large chargrill frying pan to medium-high heat. Cook fish for 5 minutes each side or until cooked through.

Serve fish on greens with coriander, fried ginger and garlic, and lime wedges.




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## healthwise

### ACUPUNCTURE FOR ANXIETY AND NERVOUS STATES



One of the most common affections of our time is anxiety, together with the symptoms that frequently accompanies, which are:

- Palpitations, nervousness, insomnia
- Feeling of fear or panic,
- Anxiety due to compulsive eating or smoking
- Bruxism, excessive hair loss, nervous psoriasis...

Regularly suffering from any of the above symptoms is frustrating and exhausting; generating tension both physically and mentally. If this is the case, acupuncture can be of great help.

#### HOW DOES ACUPUNCTURE FOR ANXIETY WORK?

Anxiety and stress are the body's responses to an uncomfortable, harmful, physically and/or emotionally harmful situation that has been

maintained for a long period of time without being resolved. This situation, sustained over time, is capable of exhausting the strongest person, and the body's natural way of encouraging change is expressed through pictures of stress, anxiety, insomnia, anguish, panic,...

Acupuncture allows a reflex effect, through certain points located along the meridians of the body, helping to regulate those organic, nervous or hormonal functions that, due to tension, stress, emotions, rhythm of life, etc. They are unbalanced and cause the symptoms detailed above.

The European Foundation for Traditional Chinese Medicine, among other sources, relates the good results obtained because acupuncture acts on the limbic system.

Which is the part of our brain responsible for regulating the physiological and emotional responses of our body.



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10:00h - 12:00h				10:00h - 12:00h					
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## FREQUENTLY ASKED QUESTIONS:

### Benefits of acupuncture for anxiety

Improved rest and sleep quality, and with it the general state of mind. Suffering fewer moments of suffocation or sudden tachycardia, reducing phobias and compulsive actions (anxiety to eat), tension pain and neuralgia, especially those caused by bruxism.

### How many acupuncture sessions are necessary for anxiety?

From the first sessions you can see a significant reduction in the nervous state; and the usual thing is that after 5 sessions a considerable improvement is noted in the rest of the associated symptoms. Similarly, the precise number of sessions varies depending on the person and how long they have been suffering from anxiety.

### How often should I do acupuncture?

The first 3/4 sessions it is advisable to do them weekly. Once these have been completed, the second block can be proposed on a fortnightly or monthly basis. Although, depending on the case, it is possible to increase the effect of the treatment in consultation with complementary techniques such as auriculotherapy, phytotherapy or relaxation, extending the space between sessions.

### Does acupuncture work for anxiety about eating?

As we indicated previously, acupuncture is ideal to help in states of restlessness, which each person expresses in a different way, from generalized anxiety and nervousness, to insomnia or anxiety about eating or smoking.

### How is the acupuncture treatment for anxiety?

The goal of our therapists is always to seek increased well-being from the first visit. Therefore, during the first part of the session, the acupuncturist will collect the necessary information through a short interview, listening and observing the person.

With the above information you will be able to evaluate and propose the first treatment in consultation (second part of the session), always painless and aimed at seeing the person's response to acupuncture stimuli.

To end the session, he will listen to how the person has felt, and explain her point of view; proposing a possible treatment, or directing her towards other therapeutic lines, if she considers that they could be more effective.

As a curiosity, let us show you how acupuncture can help you, what is the traditional explanation of Traditional Chinese Medicine for anxiety and give you some examples of its causes according to the "philosophy and through the traditional language" of TCM:

#### 1. Disharmony between Heart and Kidney

The kidney is not in harmony with the heart and liver. In a first phase, it will manifest with oppression and a sensation of fullness in the chest, pain in the heart area, tachycardia, confused mind, red eyes, heaviness in the head. If you do not intervene, you enter the second phase, characterized by diffuse bone pain, psychological exhaustion, frigidity or impotence, loss of sexual desire, heavy legs and swollen ankles. The two phases can occur at the same time. The kidneys should be toned and the disharmony between the heart and liver calmed down: with acupuncture, moxibustion and phytotherapy.

#### 2. Lung Insufficiency:

Withdrawn people are the most prone to this type of anxiety.



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# healthwise

The symptoms are: physical fatigue, feeling of emptiness, weak breathing and voice, facial paleness, brittle hair, frequent colds, sadness. There are also signs of excess in the liver, which the lungs could not contain: muscle contractions, sudden rages and dizziness. Chinese herbal medicine, acupuncture and moxa are effective remedies to treat it.

### 3. Hepatic spillover:

Bellicose, aggressive, bold and courageous temperaments are the expression of liver strength. However, discontent, irritation and anger, experienced for a long time, harm it, and anxiety is characterized by a state of general nervous tension, irritability, insomnia, intermittent headaches, flushed face, ringing in the ears, arterial hypertension. Chinese medicine is useful to calm the liver, it should be treated with medicinal plants, acupuncture, moxa and massage.

### 4. Spleen and Stomach Insufficiency:

The stomach receives and breaks down food; the spleen directs its transformation and distribution. This type of anxiety is due to excessive worry, incessant mental brooding, diets too high in fat or raw vegetables. The symptoms also manifest deficiencies in many other organs: anguish due to kidney failure, amnesia due to heart failure, depression and irritability due to liver failure, loss of appetite, fatigue and a swollen belly after eating. The therapeutic principle is to strengthen the spleen and stomach.

**For any other question, you can call us, as  
always, without commitment.**

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## "Tobacco, tobacco. Sing sweetly for tobacco. Tobacco is like love"

Those words, from a 16th century song, kept repeating in my head recently as I conducted medical revisions on Spanish construction workers. Considering the historical connection Spain has with tobacco - after all, it brought tobacco to Europe 500 years ago and the first cigarette factory was opened in Sevilla in 1620.

I should not have been surprised that 70% of my construction worker patients smoked. Still, no matter how deeply ingrained tobacco is in Spanish history, culture and habits, it was my responsibility to challenge their smoking addiction.

So, what can I tell a smoker that can help them quit? With giant black letters marking each pack of cigarettes with phrases like "Smoking Kills", they already get the point that smoking is bad for them. So, why don't they quit? Because smoking makes them feel good. Make that really, really good.

Within eight seconds, after a drag off a cigarette, nicotine starts a chemical cascade of neurotransmitters— brain chemicals – that flood over the brain's pleasure centres. The brain starts working better with nicotine; improving memory, concentration, reaction time. Nicotine works to convince the brain that it is as needed for survival as food, sex and water, which explains why it is a very powerfully addictive substance.

So, how can a smoker quit? While making the decision to stop smoking



is important, don't rely on willpower alone. There are several evidence-based options out there to make quitting a lot easier. Nicotine replacements, such as gums, lozenges or patches, work well for many people and are safe. It is the burnt carcinogens in tobacco that are harmful not the nicotine. Using two different types of nicotine replacements, like a patch and the gum, at the same time can work better for some people than using only one. There are new pharmacological treatments like bupropion, which changes the way your body responds

to nicotine, and varenicline, which bonds to the nicotine receptors in your brain thus reducing your cravings for a cigarette.

Combining some good behaviour therapy to help unlearn the habits and rituals that go along with smoking will increase chances for success.

Counselling really helps to cope without nicotine and to learn to recognise the cues that provoke that cigarette urge.

While current smoking restrictions protect non smokers from second hand smoke, these restriction have turned smokers into a new type of "social

Continued on page 38

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pariah". My construction worker patients told me that they started smoking when they were teenagers. They could not have possibly known that their brains would get rewired in a way that would make them lifetime slaves to the habit. These patients need sympathy and understanding that smoking is something extremely hard to give up. Fortunately, there are these new treatments and medications to give them the support they need.

**If you want to stop smoking,  
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- 1/2 cup frozen strawberries
- 1/2 cup frozen peaches
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- 3/4 cup orange juice

### Preparation:-

Add ingredients into blender:  
Add ice cubes, strawberries, peaches, banana slices, yogurt, and orange juice to the blender.

### Blend smoothie:

Cover and process on medium speed for about 15 to 30 seconds, using the tamper as needed. Increase speed to high for 15 to 30 seconds until the smoothie is thick and smooth. Add juice as needed to achieve the desired consistency.



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healthwise

## Are you lonely?

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### *If you just need to talk... I am here to listen.*

If you are physically fit and can make a regular commitment of even a couple of hours a week we would love to hear from you ...please consider being a volunteer at Jubilee House. You don't need immediate interaction with people you can just come and "sit in the garden" ( we only ask that you have a Police Check as we care for the vulnerable – it's only €4 ). If you are artistic or play games like Rumikup or are happy just making conversation or reading to a guest you would be very welcome.

If you can't come to us and NEED us to provide support in your own home providing you with an experienced carer from 1.5 hours a day to a live in care 24 /7. Our carer / companions can take you out shopping or for a meal or bring the outside world to you and collect your groceries, clean the house, make meals and assist with your personal hygiene within a budget that is acceptable to you.

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Sarah Lazenby is a UK trained Senior Physiotherapist who works at Jubilee House, using her expertise in elderly rehabilitation and falls prevention to increase the independence of the clients. She provides holistic and individualised treatment using her broad knowledge of musculoskeletal and neurologic conditions.



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## Whitby Abbey is at the heart of Britain's spiritual and literary history

*Home to saints, vampires and the first English poet: does the new museum do justice to the assorted stories of this magical place?*

The 199 steps up to the ruins of Whitby Abbey are a pilgrimage; they always have been. And any good pilgrimage takes effort. Count Dracula (also acquainted with the north Yorkshire town) cheated, the climbed the steps in guise of a black hound. These days, with its new 1.6 million pounds museum and visitor centre, our vampire friend would find a ground floor café and gift shop. Knowing English Heritage, there is probably a bowl of water for dogs, which would have kept the Count happy.

Whitby is a surprise, with a history that puts it at the heart of Britain's spiritual and literary life. It's also a vibrant fishing port, somewhere you can pick a Whitby smokey, smoked herrings, made in a back street smokehouse. And the local jet trade still flourishes. But with more than 15,000 visitors a year to the old abbey, it's museum will certainly have pulling power.

Everyone acknowledges that Whitby Abbey is magical. But that's the easy part. How can it tell a story that includes saints, vampires and an early European controversy with uncanny echoes of Brexit? To understand Whitby, we need to go back to the early 7<sup>th</sup> century, whose power struggles would have given Game of Thrones a run for its money. Into that turmoil came Hilda, born onto the royal household, who by the age of 13 had seen her father killed by poisoning while in exile.

Hilda renounced all the royal trappings, became a nun and set up a monastery in Whitby. Like many Celtic monasteries, it became a good centre for good works, education, singing and storytelling, and men and women worshipped together. But with there ructions in the church, not least about the date of Easter. While one faction of Christians was still in Lent, another had celebrated Easter. And that's where Whitby and Hilda came in.

The synod of Whitby, held in 664 at the monastery, was set the task of deciding who would come out on the top, the Irish/native-influenced Celts or the Romans, with their centralising tendencies, won and the great Celtic tradition began to recede.

In 664 in Whitby, the church stood at a crossroads. What emerged was a more organised and centralised institution, one that looked to St. Peter (the gatekeeper of heaven) rather than to the mystical St. John. What was lost in Whitby rang down the generations. But what remained was a kind of spiritual capital that you can sense still at work in the town. During the time of Hilda, Whitby was truly a place of wonders. The early saints were as close to magic as the faith gets. Hilda turned snakes into stone. Nearby saints like Cuthbert had his frozen legs warmed by friendly sea otters. The saints

were told tales of battling dark forces that scared them and were hard to explain. Even today, legend has it that the seabirds tip their wings as they pass over the Whitby cliffs in memory of the great female saint. Whitby, though, had another chapter to come and it was inspired by the ruins of Whitby Abbey.

Bram Stoker, business manager of actor Henry Irving, was having a week's break in the town. He was staying at Mrs Veazey's guest house at 6 Royal Crescent and enjoying his daily walks up to the ruined abbey. Stoker spotted empty graves in the graveyard of the Church of St Mary just below the abbey. Their inhabitants hadn't been stolen; the graves marked sailors lost at sea. At the public library he found a book about a Vlad the Impaler.

It was only a short hop to Count Dracula, and Whitby has now become a centre for the gothic. Its ruined abbey is perhaps the most perfect gothic landscape in Britain. Whitby now hosts goth shops, and even goth-friendly hotels. This year is the 25<sup>th</sup> anniversary of the Whitby Goth Weekend. Its harmless fun, yes. It gives this little east-coast town a niche. But you can't help but think that the town's gothic obsession doesn't do full justice to its layers of mystery and meaning. Whitby has a great deal more to offer than horror. The early saints left a legacy of wonder and a way of looking at the world that has relevance even today. It is perhaps interesting that the Celtic saints tended not to get themselves killed or martyred. They were friendly, local and respected. And they loved poetry and stories and the arts. Indeed, it was in Hilda's monastery that we find evidence of the verse of the first ever English poet. Caedmon was not of high birth, he was a cowherd. But one day in a dream he felt called to write songs and sing about the creation he saw around him. Hilda encouraged him, to write. Fragments of his verse remain:

**How he the Lord of Glory everlasting  
Wrought first for the race of men heaven as a roof-tree,  
Then made he Middle Earth to be their mansion.**

That idea of Middle Earth was taken up by J.R.R Tolkien in Lord of the Rings. Maybe he caught something of the ancient power of Whitby.

So, we head back to the museum and visitor centre and café. It looks like quite a feat: there's an interactive guide, an exhibition and even a signed copy of Bram Stoker's great masterpiece. Plus, of course, there are other ancient artefacts and illuminated books. History is piled up in layers here. The Abbey (ruined under Henry V111's dissolution of the monasteries some time after 1536) is built over the earlier monastery community of Hilda. Museums can be a mixed blessing. They have a narrative, and visitors to entertain and educate. Sometimes the story is told with too many straight lines. There's a temptation to rush to the shop or take a selfie and not really get what the place is about. Michael Carter, senior historian at English Heritage, understands: 'I want people to come away excited, to understand the kinds of life that were lived here. Those lives are just as relevant today, they still speak to our deep needs.' Michael has a story of his own: 'When I was a boy I used to visit the great monasteries in the north-east. I found them places of wonder. They touched my soul and they stir me to this day.'

The ancient Celts had a phrase they used, 'thin places.' That is, areas where you felt closer to that particular energy that seems to drive the universe. These are places of encounter, places we can lose ourselves in. The down to earth little Yorkshire town of Whitby is just such a 'thin place.' Is the museum big enough for the story it has to tell? Can it capture the unique magic of the place?

It faces a great challenge, to leave room for something altogether more ancient, dangerous and beautiful. To grasp the wonder of Whitby and its abbey and saints, English Heritage understands, will take more than a good gift shop.

**Whitby Abbey's museum is open every day  
from 10 a.m. to 6 p.m.**





## Giving up drinking has helped me to understand myself.

Nick's denial that he was an alcoholic, held him back for many years. An ultimatum got him to try Alcoholics Anonymous again. Now his relationships are better, and he understands himself more. Read his story here.

"I am 58 years old and retired; married with two grown up children. I don't come from a family of big drinkers. There was alcohol around as I was growing up, but it was never an issue for other family members.

I am dyslexic, and when I was at school it wasn't a recognised condition. I think this led, in part, to me feeling different. I had low self-esteem and very little confidence in myself. At 14 years old, when I first tried drinking, all that changed. The alcohol made me feel great about myself, and I no longer felt different.

My drinking was a problem for many years, and it got worse after the breakdown of my first marriage. It also led to me not being around for my kids, in the way that I wanted to be. Which I carry a lot of guilt over. I first tried Alcoholics Anonymous in my 30s, but I didn't stick it out, I went a couple of times and then just carried on drinking.

As I got older, my alcohol use increased. The relationship I had with my children wasn't good, and my second wife and I were arguing constantly. Eventually she said if I carried on drinking the way I was, the marriage was over.

This got me to AA a second time. I went along weekly to meetings, but I was still in denial that I was an alcoholic. I was just giving up the booze for my wife, not for me. As a result, I didn't really get involved in the fellowship, work the 12-steps, or commit to the program, in any way.

Deep down, I knew that I had a problem, but my denial held me back. Then I was at the airport, and I drank  $\frac{3}{4}$  of a bottle of brandy. That was the moment I realised; I had no control over alcohol. This got me back to the meetings, with a renewed vigour.

I now go to 3-4 meetings a week. I have changed my routines, and the places I go. I stopped hanging around with the people I drank with. I have told close friends I am an alcoholic and that I have stopped drinking, so they don't offer me drinks. I have found new hobbies and activities to occupy my time. I help others, I do some charity work. And a day at a time, life has got better.

To anyone who is struggling I would say, if you want a better life without alcohol, just try. Don't believe all the rumours and misconceptions – AA is a spiritual program that you just need to be open-minded to.

Never-say-never. I didn't think I could do it; and my journey is just beginning. My life is so much better now. No hangovers. I am of service to others, in and outside of the fellowship. I have a better relationship with my daughters, my wife. I understand myself much more."

There are meetings of Alcoholics Anonymous, with friendly people who will understand, held daily, throughout the Costa del Sol. Meetings are free to attend, and anyone who thinks they may have a problem with alcohol is welcome.

**Call the English-speaking AA helpline for support:  
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## Consulates

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Denmark-952 211 797  
France-952 226 590  
Germany-952 363 591  
Ireland-952 475 108  
Sweden-952 604 383  
UK-902 109 356 /  
913 342 194

## Tourist Offices

Frigiliana-952 534 261  
La Herradura-958 610 314  
Nerja-952 521 531  
Torrox Costa-952 532 155

## Street Markets

Monday - Torrox Costa  
Tuesday - Nerja,

Salobreña  
Wednesday -  
Algarrobo Costa,  
Rincon de la Victoria  
Thursday - Frigiliana,  
Torre del Mar -  
Friday Almuñecar,  
La Herradura -  
(summer only)  
Saturday - Cómpeta  
Sunday - Nerja (car boot),  
Vélez Málaga

## Town Halls

Frigiliana-952 533 002  
La Herradura-958 827 794  
La Herradura Foreign  
Residents-958 838 618  
Nerja-952 548 400  
Nerja Foreign  
Residents-952 548 401  
Torrox Pueblo-  
952 538 200  
Torrox Costa-952 538 010

## Hospitals

Motril-958 603 506  
Nerja Ambulatorio-  
951 289 662  
Vélez Málaga-  
951 067 000  
Carlos Haya-951 290 000

## Church Services

**Anglican Church of Nerja & Almuñecar Iglesia de SanMiguel (St.MichaelsChurch), Nerja.** Tel:- 952 52 1339.  
[www.nerjaalmuñecaranglican-church.co.uk](http://www.nerjaalmuñecaranglican-church.co.uk)  
Sundays at 12 noon and Capilla de Nuestra Señoradel Carmen (FishersmanChapel), Chinasol, Almuñecar, Sundays at 9.30am.  
Chaplain:- Fr.Nigel Thomas.

## Community Bible Fellowship

Calle Pintada 35, 2nd floor, Nerja. Tel: 952 521 776. English/Spanish service Sundays at 10am. El Salvador, Balcon de Europa, Nerja.  
Tel: 952 52 0291. Mass times, English and Spanish Sundays 10.30am, 12 noon and 8pm.  
Parish priest: Father José Maria.

## Presbyterian Church, Torre del Mar

We now meet at Legends Bar, Calle Pintor Cipriano Maldonado 9, Torre del Mar. The contact is Bill Bedford, tel no 694 471 005. On the first Sunday of the month we meet at 10.30am for Communion/ Breakfast, on the other Sundays we meet at 11.00 am.

## New Life Church

Whether you live in Nerja or are visiting our area, you are very welcome to come and join us at our Sunday gathering. Join us for a time of Holy Spirit led worship and experience the presence of our God. Our teaching is Bible based as we honour God and obey His Word. During this time of uncertainty, God's Word reminds us that the Gospel shines brightest in times of darkness. Our service lasts for about an hour and half. With tea and coffee afterwards.

Jesus said, "I am the Way and the Truth and the Life. No one comes to the Father except through me".  
John 14:6  
Sunday Service 11.00 a.m.  
Prayer Meetings Wednesdays 11.00 a.m.  
Pasaje San Miguel, Nerja, 29780.  
Email: [info@nlcnerja.com](mailto:info@nlcnerja.com)  
Website: [www.nlcnerja.com](http://www.nlcnerja.com)  
Facebook: [www.facebook.com/nlcnerja](http://www.facebook.com/nlcnerja)

## Lux Mundi centre, Torre del Mar -

St. Barnabas IERE (Anglican), Torre del Mar Every Saturday at 17.00. Tel: 952 543 334. - Morning prayer 1st Sunday, Holy Communion 2nd, 3rd and 4th at 11 a.m. Tel: 657286284  
Tel: 952 030 461. [www.stbarnabas-spain.com](http://www.stbarnabas-spain.com).

## The Anglican Church of St. George, Málaga

Holy Communion or Morning Prayer. Sunday Mornings at 11am in the English Cemetery, Avenida de Pries 1, Málaga.  
Vélez Málaga, Holy Communion or Morning Prayer. Sunday mornings at 10.30 a.m. in the Antigua Capella de San José, Calle Linares 7, Vélez Málaga.  
Chaplain: Fr.Louis Durrant, Tel: 630 909 131  
Email: [info@stgeorgemálaga.org](mailto:info@stgeorgemálaga.org) or contact one of the chaplacy wardens. More information can be found at: [www.stgeorgemálaga.org](http://www.stgeorgemálaga.org)

## Evangelical Church, Torre del Mar

Sundays at 11.30am, worship in English, Calle Solera 2, Local 2, 29740 Torre del Mar (across the street from the Bus Station) in the Violin Shop.  
Tel: 634 540 519.  
Minister Rev. Colin Dickson. Tel: 654 884 658



# NEWS & What's ON

**Lux Mundi Ecumenical Centre, Torre del Mar, Avda. Moscatel 1ªIª, (Jardines Viña Málaga/Antigua Casa de la Viña), Torre del Mar, 29740. Opening hours mornings only Wednesday and Friday 10.00 till 13.00 For further information please contact the Centre, Torre del Mar Tel. 952 543 334 E-mail: luxmundi@lux-mundi.org**

## LUX MUNDI, TORRE DEL MAR JULY COMING EVENTS & EXCURSIONS

We continue our regular activities: Spanish practice groups (limited numbers per group) Wednesday and Friday. Time 10.00 to 13.00.

**Every Wednesday** - The art group, along with the crochet and craft group meet at the Centre to share knowledge and develop new techniques. It is a very active group and all are welcome. Time 10.00 to 13.00.

Our shop will be open Wednesday and Fridays. Time 10.00 to 13.00. Many new household goods and offers a good selection of Spring and Summer clothes, shoes and handbags, and fashion items at very good prices.

**Every Friday** - Coffee morning. Come and meet friends and relax in our beautiful garden. Time 11.00 to 13.00.

**Thursday 11th July** - Excursion to Montilla and Lucena. Please come and enjoy a day out with friends of Lux Mundi. There will be a short refreshment stop en route to the town of Montilla to visit the Alvear Winery, founded in 1729, one of the most prestigious and internationally recognized wineries in Andalusia. On arrival at approx. 11:00 there will be a guided tour in English, lasting one-and-a-half-hours, followed by a tasting of 3 wines.

Afterwards you will rejoin the coach for the short drive to the town of Lucena. Here there will be free time to visit the various sites such as the Gothic-Renaissance church of San Mateo, from the 15th-16th centuries, with one of the most beautiful Baroque sacristies in Andalusia, the castle and old palace of Medinaceli, the house of the Count of Santa Ana, and the house of Rico de Rueda, and to have lunch. Departure from Lucena at 17:00. Tickets available at the Centre price: 36 euros for Friends and 40 euros for visitors. Basic travel insurance included.

Proceeds for fundraising. Departures times: Algarrobo (Lidl) - 08:00, Caleta (Vets) - 08:05, Torre del Mar (Bus Station) - 08:15.

Friday 26th July- "Local Holiday Feria de Torre Del Mar". THE CENTRE WILL BE OPEN.

Friday 26th July - Taize Prayer. At the Parish Church of San Andrés, Torre del Mar. Time after the Mass.

## COMING EXCURSION

**Thursday 15th August.** Excursion to Almuñecar Fireworks.

## Phoenix Club

The Phoenix club have moved to a new location, at Chines Restaurant in Caleta de Velez, just next door to the Eclipse Restaurant.

The Phoenix Social Club is open to all nationalities but the lingua franca is English. We offer an opportunity to make lasting friendships, to help each other & share information but primarily to have fun in a friendly and inclusive association. You do not have to be a member to join us on our trips. Do come along and meet us. Our handmade greetings cards are for sale every week with all proceeds donated to the Red Cross. We meet every Thursday between 12 noon and 2 p.m. at Chines Restaurant in Caleta de Velez, next door to the Eclipse Restaurant and just off the coast road to/from Algarrobo.

## Trips & Events

July 2<sup>nd</sup> --Trip to Gib €22 and includes €1 for the driver. Pick up at Lidi Algarrobo Costa at 8.30a.m. Please note change of date and day.

July 13<sup>th</sup> – Antequera Light Festival, evening trip €20pp

July 19<sup>th</sup> - Victoria Brewery and shopping/lunch with a visit to the Larios Centre - €22pp does not include lunch

July 30<sup>th</sup> – Fuengirola Tuesday Market and lunch in the port area, a quick dash around Iceland and home at 5pm €18pp

August 15<sup>th</sup> – Almunecar Fireworks €15pp. Pick ups Torre del Mar Bus Station, Caleta Aldi, Algarrobo Lidl, BP Garage just off the motorway and Maro

**For further information on any of our trips, please contact Gail on 951 067 723 or 626 370 695 (Whatsapp) or email phoenixsocialclub@yahoo.co.uk or check out our FB page.**





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## U3A AXARQUIA - July Calendar

Monday 1<sup>st</sup> - Coffee Morning at Mena Golf, Laguna Beach  
 Petanca, Torre del Mar  
 Thursday 4<sup>th</sup> - Mahjong  
 Monday 8<sup>th</sup> - Table Games at Mena Golf, Laguna Beach  
 Petanca, Torre del Mar  
 Tuesday 9<sup>th</sup> - Writers' Workshop – summer break  
 Thursday 11<sup>th</sup> - Mahjong  
 Friday 12<sup>th</sup> - Discussion Group at Media Cana, Penoncillo  
 Monday 15<sup>th</sup> - Table Games at Mena Golf, Laguna Beach  
 Petanca, Torre del Mar  
 Wednesday 17<sup>th</sup> - Monthly Lecture: Now 4<sup>th</sup> Wednesday 24<sup>th</sup>  
 Thursday 18<sup>th</sup> - Munch Bunch at Cafeteria Asador Torrox Mahjong  
 Saturday 20<sup>th</sup> - Meditatio  
 Monday 22<sup>nd</sup> - History – summer break Petanca, Torre del Mar  
 Tuesday 23<sup>rd</sup> - Writers' Workshop – summer break  
 Wednesday 24<sup>th</sup> - Monthly Lecture: 3 Speakers, 3 different Topics!  
 MediaCana 11am 1) Modern British Art 2) Ecology of Peat  
 3) Charity: "House of Fairy Tales"  
 Thursday 25<sup>th</sup> - Mahjong  
 Monday 29<sup>th</sup> - Petanca, Torre del Mar  
 Wednesday 31<sup>st</sup> - Reading Group: "Beartown" by Fredrik  
 Backman

Contact me, Alison for more information on  
**u3aalison@gmail.com.**

And I'll get back to you with times, locations and details,  
 as we may alter regular arrangements due to difficulties  
 parking and hearing each other speak!

If you have any information regarding  
 charitable work, events or news,  
 please don't hesitate to contact  
 Streetwise magazine.

We will publish your events or news for free.

Please send all information to  
**info@streetwise.es**

or call Dawn on 638 474 718.

All information is required by the  
 15<sup>th</sup> monthly.

## YOGA FUSION DANCE

Yoga Fusion Dance online every Wednesday from  
 7 p.m. to 8 p.m. on the ZOOM platform.  
 Sissi, a former dancer at the Alcazar cabaret in Paris,  
 has devoted herself to yoga for 30 years. Throughout  
 her career, she meets real yogis who teach her and  
 pass on their knowledge.

For more information contact Sissi on (0034) 699 037  
 998 or email:- [isabelgilton@gmail.com](mailto:isabelgilton@gmail.com)



41 Club Nerja Chairman Brian Karet can be contacted via  
 email: [briankaret@sky.com](mailto:briankaret@sky.com)

41 Club Nerja Press and Recruitment Officer Steve Ryan can  
 be contacted via email: [steve.ryansr56@gmail.com](mailto:steve.ryansr56@gmail.com) or

tel: +44 754 640 2770 41 Club

Website: [www.41clubnerja.org](http://www.41clubnerja.org)

You can also find 41 Club Nerja on facebook.



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Cudeca Nerja Support Group to help people who are living  
 with the difficult situation of cancer or other life limiting  
 illnesses, or those who care for them.

We meet on the 2<sup>nd</sup> Thursday of each month at 11.30 a.m.  
 In Hemmes Cafe, Plaza España, Nerja  
 (Top of the underground car park)

We can also assist by telephone  
 on 95 256 4910 or  
 email: [cudeca@cudeca.org](mailto:cudeca@cudeca.org)

## Want to join a choir?

Coraxalia multi-national Choir (Director: Celia Varo  
 Aragon) welcomes new singers.

Coraxalia, based in Velez-Málaga rehearse on  
 Thursdays, 17:30 - 20:00 in the Casa Hermandad de la  
 Cofradía de los Estudiantes, Plaza de los Sastres, 1,  
 CP 29700 Vélez-Málaga, near San Juan Church and  
 the Language School.

Parking nearby at the San Francisco market (1 euro).

For more information please contact 657 951 755

(English) or 653 150 058 (Spanish) or

email: [coraxaliacoral@gmail.com](mailto:coraxaliacoral@gmail.com)

## ROYAL BRITISH LEGION, NERJA BRANCH

Meets twice monthly for lunch - on the 3<sup>rd</sup> Thursday at the Al  
 Andalus Hotel, Maro and on the 1<sup>st</sup> Friday at the Nuevo Arenas  
 Restaurant, La Herradura.

Everyone is welcome to join us. Booking is essential.

Please contact Kimon on tel: +44 798 802 9001 or

email: [kim\\_bowe1@hotmail.com](mailto:kim_bowe1@hotmail.com)

For any information about the Branch contact Eddie, our Chairman

on tel: +44 759 071 7384 or

email: [eddiebowe1@hotmail.com](mailto:eddiebowe1@hotmail.com)

## POPAPECUNIA CHARITY SHOP

Avda. Rodriguez Acosta, Edif. Tucuman  
 (opposite Cafe Trebol), Nerja.

Your unwanted things always needed! - Kitchenalia,  
 crockery, vases, pictures, books, clothing,  
 plastic bags, etc...

Anything you think will still be of use to other people.

Opening hours:-

Monday to Saturday 10 a.m. till 2.30 p.m.





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## Impressive Penthouse Torrox Costa

Ref:- PS-2024-073

Price:- €370.000

Are you looking for something really special?

Do you want to live right by the sea? Look no further!  
We are selling a penthouse that has lots of light and is situated in the best location, only 45 meters from the best beach in Torrox Costa.

The property is divided on two floors and has 2 bedrooms, 2 bathrooms. On the entrance level there is a bathroom, a large storage room, a large living-dining room with an open, fully equipped kitchen, a bedroom with a built-in wardrobe, another bedroom with an en-suite bathroom and a beautiful south-west facing terrace. Every corner of the penthouse has panoramic views of the sea.

On the second level there is a sunny roof terrace with a BBQ area and impressive panoramic views of the sea and sun all day long. Here you can relax and unwind... Another highlight is the impressive black granite floor. Air conditioning,

communal swimming pool and gardens.  
The penthouse is close to all amenities; supermarkets, restaurants, bars, pharmacy, etc...

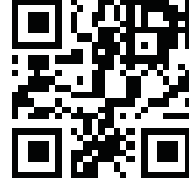


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### TORROX

**REF: 7787**

**EXCLUSIVE:** Fantastic country villa with Sea views short drive to the village & the coast: 3 beds, 2 baths, lounge with open plan kitchen, private pool, Jacuzzi, garage, car port, mature garden, covered porch...

**Built: 107 m<sup>2</sup> Plot: 19.025 m<sup>2</sup> EPC: In progress**

**PRICE: €459.000**



### ALMAYATE

**REF: 7494**

**EXCLUSIVE:** Lovely positioned villa only 5 minutes drive to the coast with Sea views; 2 beds, 2 baths, living/dining-room, extra storage/office space, double garage, gas central heating, Jacuzzi, porch...

**Built: 120 m<sup>2</sup> Plot: 900 m<sup>2</sup> EPC: In Progress**

**PRICE: €469.000**

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### SAYALONGA

**REF: 7579**

**EXCLUSIVE:** Fantastic Country house with guest apartment 15 minutes from the coast; 3 beds, 2 baths, 2 lounges with fireplace, 2 kitchens, private pool, garden, storage, patio, porch, stable, amazing Sea views.

**Built: 207 m<sup>2</sup> Plot: 10.200 m<sup>2</sup> EPC: E**

**PRICE: €327.000**



### JETE (GRANADA)

**REF: 7783**

A charming country house in rustic style 20 min. to the coast of Almuñécar with 2 beds, 2 baths, lounge with open plan kitchen, porch, conservatory room, storage, Sea & mountain views, sold furnished.

**Built: 164 m<sup>2</sup> Plot: 5.592 m<sup>2</sup> EPC: E**

**PRICE: €179.900**

**29754 Cómputa**

Plaza Almirante, 21  
 Tel.: +34 952 51 61 78

**29770 Torrox**

Calle Elisa Ortigosa, 7  
 Tel.: +34 952 53 91 25

**29740 Torre del Mar**

Avda. Andalucía, 32B  
 Tel.: +34 952 54 18 86

